

Food For Thought

PROGRAM YEAR: 2019-2020



THE BRIDGE YOUTH CENTER MISSION

To provide a place where all students are safe, loved, and valued, surrounded by caring community members who introduce them to Christ's love in all that they do.

FOOD FOR THOUGHT PURPOSE

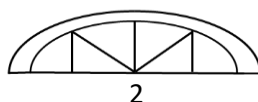
This program is designed to provide kids with the knowledge and skills to create and enjoy healthy, delicious, and affordable meals and develop healthy approaches to food and nutrition in a fun, supportive environment.

WHAT HAPPENS HERE

During each Food for Thought program students will work with skilled community members who will teach the basics of nutrition, food preparation, and cooking techniques. Students will cook a meal each program session and enjoy eating a meal with the group. At the end of each program students will go home with instructions and/or supplies to affordably make the meal at home. The program will culminate in students preparing a meal for a larger part of our community to enjoy together on the final program day.

PERKS OF FOOD FOR THOUGHT

- Being part of a supportive small group environment that allows for growth and experimentation
- Learning basic cooking skills, and the ability to cook specific meals at home for you and your family.
- Gaining an appreciation for healthy ingredients, and the way sharing a meal with people builds community.



CONTACT US

- 616-772-3843
- 210 E. Main Ave Zeeland, Michigan 49464
- info@bymczeeland.org

SCHEDULE – Fridays from 2:30-5:00

September 27th

November 22nd

February 14th

March 20th

May 15th

May 22nd

May 29th

PARENTAL WAIVER

By signing this agreement, you agree to the permissions listed below.

I _____, consent to:

1. Notify The Bridge staff if your child will not be attending programming, ideally 1 week prior to the scheduled program.
2. Provide permission to communicate with staff regarding project purposes, fill out surveys, and allow survey information to go into our database and be shared with AmeriCorps reporting services.
3. Allow your child to communicate with staff and volunteers outside of program time, including at school.
4. Provide permission to transport students for program purposes.
5. Grant my permission for the rights to use and record my child's image and/or voice on film, photograph, print, and other media to be used on social media, website, and any other form of print.

I am unable to provide consent to use my child's image or likeness for media purposes.

Parent/guardian signature: _____ Date: _____

Does your child have any food allergies? Yes No

If yes, please list: _____



STUDENT WAIVER

By signing this agreement, you agree to the permissions listed below.

I _____, consent to:

1. Come to The Bridge every Friday when Food for Thought is scheduled, unless excused by a parent or guardian. The Bridge staff ideally will be notified 1 week prior to the program.
2. Treating community members, food, and equipment with respect.
3. Provide permission to communicate with staff regarding project purposes, fill out surveys, and allow survey information to go into our database and be shared with AmeriCorps reporting services.
4. Losing my place in the program after missing 3 program days without an excused absence.

Student signature: _____ Date: _____

*Please fill out this contact information, if you or your child have not done so this 2019-2020 school year.



CONTACT INFORMATION

STUDENT

Student Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Student Phone: _____ Circle: Home/Cell

Student Email: _____

School _____ Grade: _____ Birthdate: _____

Do You Attend a Church: Y or N (Circle)

If Yes, Which Church? _____

GUARDIAN

Parent/Guardian 1: _____

Parent/Guardian Phone: _____ Circle: Home/Cell/Work

Parent/Guardian Email: _____

Parent/Guardian 2: _____

Parent/Guardian Phone: _____ Circle: Home/Cell/Work

Parent/Guardian Email: _____

EMERGENCY

Emergency Phone: _____

Name: _____

Relationship: _____

